

Student Activity



Topic

Trust,
Support of Others



Competency

Relationship Skills,
Self-management



Grade Band

High School

Angel

Angel talks about the supporting relationships in his life, both in his family and at his school. Angel helps his mother raise his younger sister and he participates in a leadership development program at school. Of his younger sister he says, "she's my everything" and of the other students in the leadership program he says, "I call them my brothers".

Conversation Starters and Writing Prompts

The conversation starters and writing prompts following each video are designed to help youth understand their own mirrors and windows and how their perspectives, feelings and behaviors influence how they see and feel about themselves and others. Please review the **Defining US Facilitator Guide** for a full explanation of design, suggested implementation, and best practices using the videos and prompts.

How Do We See?

1. How does Angel describe his neighborhood?
2. Describe Angel's family living situation.
3. What are Angel's goals?
4. How would you describe the leadership program?
5. Is Angel's story similar or different from your own story? How?

What Do We Feel?

1. Describe how Angel feels about his family.
2. Describe how Angel feels about the students in his leadership group.
3. Who are the people in your life for whom you have similar feelings?
4. Why is it important to have close connections with people?
5. Why does Angel say he calls them his "brothers"?
6. Why do you think it is important to connect with other people like Angel does?
7. Would you describe your relationships with your friends the way Angel describes his relationships with his friends? Why or why not?

How Can We Change?

1. How is Angel's story powerful?
2. What are some strategies you use to maintain quality relationships with others?
3. Describe how and why the young men in the leadership group support each other?
4. Do you believe racism impacts the members of the leadership group? Why or why not?
5. Why does Angel use family related terms to describe everyone he mentions in the video?
6. Does Angel's story change your perspective about others who may be different from you? Why or why not?

Deeper Look: Define and Discuss

- Familial
- Fear
- Leadership
- Goal setting
- Support
- Awareness
- Community
- How family, school, and community support can help students overcome obstacles of racism and bias.